



Syllabus of Module

10. Meaning at Work

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Module Annotation

At work, it is crucial to understand the meaning of what we do and what we contribute. From a manager's point of view, the ability to show people the meaning of their work is one of the most important competences. When people understand how their actions fit into the overall company effort, they more easily find intrinsic motivation and are on the best path to being happy (at work). The meaning of what we do is not always clear. Not everyone works as a doctor and saves lives. Most people in normal jobs don't have the meaning of their work on a platter in this way. That is why, in addition to a general insight into the topic, we present a specific method of job crafting that everyone can use to discover their "why".

Module Objective

To learn about the importance of meaning at work. To link theory and scientific studies with the practical application of the theme of meaning in practice. To learn the technique of "Job Crafting". To identify specific action steps for implementation.

Literature

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