

Syllabus of Module

5. Personal Development Management

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Module Annotation

Do you know what your professional goal is?

Is it truly yours or the goal of others?

Do you know where you're going and why or doing a job that's come your way just by chance?

If you have a career goal, do you know the rules for success?

Can you impress those who make decisions about your career growth and the interest of your work?

Do you know your possibilities and limits and can you work with them?

Do you want to have a work-life balance?

Do you long for happiness and don't know how to do it?

Do you feel like you'll be happy when...?

The answers to these and other questions will be answered and illustrated with practical examples during the seminar. You will be introduced to various techniques that you will be able to try, and they will remain with you for your own benefit. This syllabus will serve as a theoretical basis before the course.

Module Objective:

In order to work purposefully on personal development, we should know ourselves. Only if we know how we "function" are we able to influence how we want to be. In order to achieve professional success and have a private life in balance with it, we need to know where we are going and what we want. If we combine our expectations with the principles of success, we win.

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